

# Newsletter



## Duty Roster

### Saturday 1 September, Casey Fields

John Thomson (R), Ian McGeoch, Louise Wolfers

### Saturday 8 September, Yarra Glen

Mark Edwards (R), Andrew Nielsen (TC), Peter Webb (TC), Antony Lateo, Mick Dewdney, Emma Anderson, Dave Moreland, Daniel Hulbert, John Blyth, Matt Clarke

*If rostered for duty, you must be there at least 1 hour prior to start time. If unable to do your duty, it's your responsibility to find a replacement, then advise Andrew Buchanan, [tiptop2@optusnet.com.au](mailto:tiptop2@optusnet.com.au).*

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At last the weather gods smiled, and the Rob Graham Memorial Time Trial Handicap and Club Individual Time Trial Championships were held at Thornton last Saturday in excellent conditions. Results are inside.

This Saturday 1 September (to celebrate the start of spring) we are at Casey Fields, off Berwick–Cranbourne Road, Cranbourne East, for a round of graded scratch races. Racing starts at 2 pm and the registration desk will close at 1.45 pm.

Results from Wednesday crits at the Loop, off Yarra Boulevard, are also inside. Wednesday racers, please note: there will be no racing at the Loop next Wednesday 5 September owing to a clash of fixtures.

Please read on also for a good crop of notes from the Club Committee and a round of social notes from Mark Edwards, mostly about the many things that should be on your radar now that spring and daylight saving are just around the corner.



Riders in Melbourne's north gained another new bridge this week. The bridge over Darebin Creek near Dundas Street is a great improvement on the older one it replaces and was a joint venture of Darebin and Banyule councils. Along with the spectacular new bridges linking the Darebin Creek Trail to the Main Yarra Trail in Kew, it increases the options for excellent off-road training rides and improves access from the northern suburbs to the Main Yarra Trail and Yarra Boulevard.  
Photo: Bicycle Network



## Committee notes

- 1** The Team Time Trial is coming up at Thornton on Saturday 22 September – two laps × 25 km = 50 km. Get your team of four together now. If you don't have a team, register via TeamApp or email Peter Mackie, and he will find you three team mates.
- 2** This coming Saturday at Casey Fields we will be giving out all Club Championship medals from the Criterium Championships held at Casey on 5 May. Please make an effort to come along if you were on the podium.
- 3** Chris Ellenby and Peter Mackie were both hit by cars last week. Both were riding in normal traffic conditions during daylight hours. In both instances the respective drivers said they simply did not see the rider. Chris suffered a broken collarbone and other cuts and abrasions. Peter was likewise bruised and battered. Kudos to Peter, who still came to Thornton on Saturday (24 hours after his fall) to run the handicap event. Pete was clearly still in pain so a big thanks and a shout out to 'PAM'. We pass on our best wishes to both Chris and Pete for a speedy recovery, and remind all members who ride in traffic to do so with extreme caution.
- 4** *Get Into Road Racing 2018* – The club will again be running this four-week introductory program for any novice riders who would like to try road racing. It will be held some time in October and more details will come in the next few weeks.
- 5** *Tuesday Twilight Crit series at METEC, during daylight saving* – David, Nick and the team at Croydon Cycleworks are getting behind the series once again this summer. Daylight saving starts on Sunday 7 October, so the first race will be on Tuesday 9 October. To kick off the series, Croydon Cycleworks will be holding a members night on Tuesday 2 October. Among other things, the series prizes will be announced. Keep an eye out for more details in the coming weeks.
- 6** *Annual Awards Night, Saturday 17 November, at Maroondah Sports Club, East Ringwood* – Guest speaker and presenting awards will be SBS commentator and cycling oracle, Matthew Keenan. More details to come. Please save this date on your social calendar.

Regards,  
your Committee



## Rob Graham Memorial Individual Time Trial, Thornton, 25 August

Handicap placing	Rider	Ride time	Handicap	Corrected time
1st	Paul Webster	37:44	6:20	31:24
2nd	Colin Doherty	37:34	5:30	32:04
3rd	John Eddy	50:35	18:00	32:35
4th	John Thomson	42:53	10:00	32:53
5th	Dean Niclasen	39:07	5:40	33:27
6th	Colin Mortley	44:34	11:01	33:33
7th	Nick Grainger (CV)	36:34	3:00	33:34
8th	Andrew Buchanan	43:48	10:10	33:38
9th	David McCormack	41:41	7:50	33:51
10th	Hylton Preece	46:13	12:20	33:53
Fastest time	Richard Harvey	35:19	(Average speed 43 km/h approx..)	
Fastest woman	Paula McGovern	49:39	(Average speed 30 km/h approx.)	

### Club Individual Time Trial Championship

Age group placing	Rider	Ride time
<b>Men 35–39</b>		
1st	Rob Lackey	42:36
<b>Men 45–49</b>		
1st	Glenn Newnham	38:28
2nd	Perry Peters	41:05
<b>Men 50–54</b>		
1st	Phil Smith	36:04
2nd	J-P Leclercq	36:53
3rd	Paul Webster	37:44
<b>Men 55–59</b>		
1st	Colin Doherty	37:34
2nd	Phil Cavaleri	38:08
3rd	Rob Amos	39:18
<b>Men 60–64</b>		
1st	Colin Mortley	44:34
2nd	Hylton Preece	46:13
3rd	Peter Gray	47:22

Age group placing	Rider	Ride time
<b>Men 65–69</b>		
1st	David McCormack	41:41
2nd	Andrew Buchanan	43:48
3rd	David Worland	43:58
<b>Men 70–74</b>		
1st	John Thomson	43:53
2nd	Neil Cartledge	44:15
<b>Men 75–79</b>		
1st	Keith Wade	46:57
2nd	Harry Hibgame	49:39
3rd	John Eddy	50:35
<b>Women 50–54</b>		
1st	Paula McGovern	49:39



## Wednesday criterium at the Loop, Yarra Boulevard, 29 August

Division	1st	2nd	3rd
Division 1a (8)	Mark Seddon (N)	Fraser Short (N)	Nick Gibson
Division 1b (5)	Troy Jordan (N)	Ross Clark (N)	Ray Russo
Division 2 (4)	Stephen Barnard	Ian Smith	Richard Dobson
Division 3 (4)	Ken Allan	Ross Bowlby	--
Division 4 (2)	John Eddy	--	--

Thanks to referee John Williams, Dean Niclasen and other helpers. Please note that there will be no racing at the Loop next Wednesday 5 September owing to a scheduling clash.

## News etc.

### Social notes

A quorum went to the the Big Bike Film Night and met up for a drink at the cutely named Father's Office. Some interesting films – as many know, bikes engender and excite a lot of passions and some pretty full-on types. Ice, snow, mountains, desert, tall bikes, unicycles, BMX – anything and everything except ordinary boring old club races.

### Save the date

**Saturday 17 November** – Awards Night, with guest speaker Matt Keenan. Don't throw out that old suit and tie, you might need them. More to come.

### Social rides

For those of you able, there is a big group that converges from all points (especially under Bourke Road bridge at 8.30 am) Tuesday mornings at Southbank around 9.45 for a coffee or two and a chat. It's not just Eastern riders but you will most likely know someone.

Club sponsor [Croydon Cycleworks hosts shop rides](#) for varying abilities ... all welcome


### She-Rides

Helen is a social rider, not (yet!) interested in racing. She is doing one of the [She-Rides](#) Together programs in October led by our very own [Paula McGovern](#). If you know any girls, ladies, women or any other 'shes' who need a bit of confidence or motivation, join in. Eastern CC is always looking to encourage more women into the Club.

### [Australian Road Nationals](#), 4–8 January 2019

A few have said setting a tent on the side of the hill at Buninyong requires a very early start, at least 6 am.





Helen and I are happy to do it but would want a quorum of members to commit to being there, maybe 20, 30 ...? No charge other than your attendance, maybe a donation if you will for food and drinks. I'll set up a spot to register your excitement levels by next week.

### **Tour Down Under, 10–20 January 2019**

Thanks to Harry H. for pointing out the change to the traditional [TdU](#) finish, now at Willunga Hill. More info soonish about what we might do, or try to do! We will be there, I enjoy the club crit racing at [Victoria Park](#), smooth, flat and quick on a few nights, and weekends. [Norwood Cycling Club](#) (you need a CA licence) and [South Australian Masters](#) (you can use your Eastern licence as long as it's 2019 validated) run a three-day series AND some crits – maybe drop a grade from your ECC grade if you go, they are quick and keen.

Anyone who hasn't been to the TdU, it's certainly worth a look. Pack your sunscreen.

### **Injury list (not complete no doubt!)**

Hoping for a speedy recovery for Chris Ellenby (collarbone and skin), Peter Mackie and anyone else on the injury list.

### **Bad joke of the week**

A cyclist lying on his deathbed asked his best friend to do him a favour when he'd gone.

'Anything', replied his friend.

'Just don't let my wife sell my bikes for what I told her I paid for them', he begged.

You can contact Helen at 0408 437 409 or [HelenEdwards55@gmail.com](mailto:HelenEdwards55@gmail.com), or Mark at 0418 310 092 or [MarkEdwardsmac@gmail.com](mailto:MarkEdwardsmac@gmail.com), or look for us after a race.

Happy riding!

*Mark Edwards*

### **Cycling movies**

ACMI at Federation Square is screening a season of cycling documentaries from 10 to 25 September. On offer are old favourites *MAMIL*, *All for One* and *Le Ride* as well as the Australian premiere of *Time Trial*, featuring David Millar and with a soundtrack by Dan Deacon. There's a button to book if you go to <https://tinyurl.com/ycvh3rpo>.

### **Save another date**

On Thursday 11 October at Curve Cycling, [36 Bond St, Abbotsford](#), a criterium info night is being organised by the SheRace crew, to kick-start crit season. Stand by for details.





## Future events

### Eastern events

For other events, please refer to page 1 of this newsletter, or go to <http://easternvets.com/roster/>.

Note: Graded Scratch Race entries are accepted on the day up to 15 minutes before the advertised race start time. Handicap entries close the Tuesday or Wednesday before the race, as advertised. Riders who enter a handicap *must* pay the entry fee regardless of whether they participate. Fees are due on race day; entrants will *not* be allowed to start in any EVCC race until fees have been paid. No late entries will be accepted for either scratch races or handicaps. Entries to handicaps can be submitted to the handicapper via email or TeamApp, or on any race day before the event.

### Northern events

For details, go to <http://northerncycling.com.au>.

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